

We are asking everyone to donate a non-perishable food item for all non-competitors this year. Donations will go to the Green Cove Springs Food Pantry to benefit all of Clay County. This fundraiser is co-sponsored by St. Peters Lutheran Church.



Open Karate Tournament

March 3, 2012

Middleburg Martial Arts will be sponsoring an Open Karate Tournament at the Lakeside Jr. High Gymnasium on March 3, 2012. We are inviting all styles and disciplines to participate in this tournament. We encourage everyone to attend and participate in this exceptional training opportunity. We are offering a Tiny Tigers/Little Dragon division for 3-7 year old children, which will feature an optional ribbon sparring division and will require headgear and mouthpieces. All other participants competing in sparring must have protective gear (head, hand, footgear, mouthpiece and cups for males). The goal of this tournament is to learn and have fun. Please remember, good sportsmanship will be shown at all times by everyone! There will be medals awarded for all divisions as well as trophies for overall best male/female black belts and students.

There will also be a creativity and contact sparring division. The Creativity Division, which will include breaking and/or weapon demonstrations, is open to all who wish to demonstrate. The cost to compete in this division is an **additional \$5.00 to the registration fee**. You are responsible for any clean up after this division as well as supplying your own wood, holders, etc. Medals will be awarded for the creativity division and will begin at 10am before the general competition. The light contact sparring divisions will be held at the end of the general competition. If you wish to compete in contact sparring, ***you must have a chest protector along with sparring gear and compete in the non contact division.***

There will be a judge's meeting at 9am at which time we will discuss all rules and regulations. All time keepers and scorekeepers must be present as well. Please note that there will be no head punches in any of the sparring divisions. All techniques must be above the belt and to the front of the body – no techniques to the back or the head. Safety is our main concern.

Registration Fee: \$35.00 and the **deadline is February 17, 2012**. After February 17th fee goes to \$40.00
NO EXCEPTIONS! No applications will be accepted after February 29, 2012.

Schedule: March 3

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|----------|----------------------------|
| 9:00AM | Judges Meeting |
| 9:30AM | Creativity Division |
| 10:00AM | General Competition Begins |
| 1:00PM?? | Light Contact Division |

The tournament will consist of the following competition: Forms, Weapons (No live weapons – Must be dull), Creativity, and Sparring (**NO CONTACT UNLESS IN LIGHT CONTACT DIVISION**)

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The overall cup winners will be based on participation in all 4 divisions (Forms, Weapons, Non Contact Sparring and Light Contact Sparring). The more divisions you enter, the better your chances of winning the overall cup.

Black Belts, on Friday, March 2nd there will be a FREE judges training and certification at Middleburg Martial Arts from 6PM-8PM.

